



England
Rugby

CARDS

Rugby Skills

to explore, discover and adapt

CREATIVITY



The skill to achieve a specific outcome in different ways

AWARENESS



The skill to recognise individual and collective opportunities to support decision making

RESILIENCE



The skill to adapt to pressure

DECISION MAKING



The skill to select an effective action in all situations

SELF ORGANISING



The skill to use information to effectively coordinate themselves

The C.A.R.D.S skills will help accelerate a players ability to learn to adapt to the game of the future by "exploring the boundaries of a players' capabilities"

THE PATHWAY
PREPARE PLAYERS TO EXCEL IN A WORLD LEADING FUTURE ENGLAND TEAM

